

Post Fit Instructions for Dentures #

Sore Spots: Usually, your mouth will have a few "sore spots" after wearing the denture/partial for 24 hours. These areas can be relieved with very little effort during your next appointment.

- # Chewing: The new bite may not feel completely comfortable for several weeks. We can adjust the contacting surfaces of your teeth after the dentures/partials have settled into place.
- # Cleaning the Dentures/Partials and your Mouth: Your denture/partials can be cleaned easily by using a denture brush and a mild toothpaste. Periodic denture soaks are also very useful (ex: Polident). We recommend leaving your partials out of your mouth at night and soaking in water.

Dentures only: Brush your gums with a regular toothbrush once per day to toughen and clean them. Partials only: Use special care to clean parts of the partial that contact any natural teeth. Both the partial and the natural teeth must be kept very clean on a daily basis to reduce the chance of new dental decay starting.

We have done our best to provide you with well-fitted, functional, and esthetic dentures/partials. We feel confident that after a few weeks of becoming adjusted to the new dentures/partials, you will have years of satisfaction from them. Over time, your jawbone and gums shrink when there are teeth missing. When this occurs, your dentures/partials will feel loose and may require relining. Wearing ill-fitting dentures/partials for too long without refitting can cause severe bone loss and very serious oral disease. Please call our office if these symptoms occur.